Breakout Session 2

October 12, 1:00-4:20

Developing Possibilities: Pathways from Struggles to Resilience (Post Traumatic Growth)

Core Competencies: 1,3,4

Resilience- the ability to bounce back when faced with adversity-is a characteristic that even our youngest children need. Understanding strategies that can be implemented immediately is one of the key factors for assisting children develop resilience. This strength-based workshop focuses on social emotional well-being and developing resilience of vulnerable children and families. Walk away with tools to help children, families and ourselves become socially strong and emotionally secure.

Learning Objectives: Define resilience, risk factors and protective factors

Recognize the importance of focusing on strengths of children and adults

Understand and begin to use the skills of developing initiative, self-regulation and

attachment/relationship Recognize the importance of our own (adult) resilience to be effective teachers and caregivers with youth.

Presenter: Gloria Sherman

Room: TBD

==Focus on adult staff resiliency==

Architects of Resilience: creating sustainable staff development

Who cares for the caregivers? Resilience skills are more important than ever in this time of stress and uncertainty. How do we best model these strategies for youth? By the way we approach our own work within youth service organizations and how we relate to ourselves and our staff. This hands-on presentation will give valuable strategies and tools to strengthen our own resiliency and social-emotional awareness in our work with youth.
Core Competencies: 9,10

Presenter: Kirk Lowis
Room: TBD

Creating Hands on Experiences to Advocate for Youth in OST
Core Competencies: 7,9,5

This workshop will focus on all the steps needed to create a strong environment to advocate for youth and what role that you need to play when talking to families and the community on the importance of why OST is so important now than ever before. This

workshop will give you tools and talking points to advocate for youth and their families as well as making the community aware of the importance of OST.
Presenter: Jacqueline Patrick- James, Jennifer Bonner

Room: TBA

Learning Goals through Developmental Relationships
Core Competencies 2,4,5, 10
Research on Adverse Childhood (ACES) and Emotional Intelligence, suggest children exposed early to a traumatic event (parental domestic violence, poverty, neighborhood Violence, etc.) can experience lasting impacts on executive functioning and self-regulation often limiting academic performance, creating potential learning delays or social emotional learning challenges The presentation will discuss ways in which Communities in Schools has partnered with school districts 21st Century programs and other OST programs to tackle the intersection of academic and nonacademic though international developmental relationships.

Presenter: Aisha Walters
Room: TBD

Creating a Virtual Stem program for Students
Core Competencies: 2,9
Are you struggling with Stem learning during Covid? Learn how to create a stem classroom online, you will receive project ideas for remote learning, strategies for connecting with students, planning units and projects for online and much more.

Presenter: Keith Young ECOKTEK Labs
Room: TBD

Bridge Builders
Creating Faith Base collaboration in OST
Core Competencies: 7
 Bridge Builders is constructed to offer insight into the variations of the faith-based connecting with the community. It provides suggested strategies to service providers in working with individuals and communities to include communities of poverty. We will look at the various economic classes and best practices relating to those classes. There are three classes identified: poor, middle class, and wealthy. The information shared can be used as a tool for faith-based service providers as a bridge in connecting with the lives of the people they wish to serve.

Presenter: Pastor Monique French
Room: TBD