



**2018 Leadership Symposium  
Workshop Descriptions**

**Session 1  
10:45 to 12:15**

Presenter	Workshop Title	Description
Tamika Gaines	Skills Trades: What's That?	This workshop will include an overview of What are skilled trades by definition and by daily application. Young Scholars are asked at early ages, what do you want to be when you grow up? It's difficult to answer this question objectively when you truly aren't expose to the options. Career Navigator: Tamika Gaines will share with workshop attendees how to expose young minds to the endless opportunities in skilled trades. Attendees will be equipped with tools to eliminate high school dropout rates by having a toolbox of options available after high school completion.
Abra Steppes	Engaging Families	This hands-on workshop will create space for participants to think deeper about their current family engagement ideas or practices, explore several research driven, best practice strategies for authentically building stronger relationships with families that foster partnership and student achievement, and to create a plan of action for immediate implementation.
Jennifer Harris	Empathy and emotional management	In the SEL Challenge, a study of best practices in SEL, Empathy & Emotion Management skills were identified as important to youth success. This workshop will explore the staff practices that promote these skills in out-of-school time & summer programs, with a focus on practice and reflection.
Rich Hochstetler	Leadership that builds engaged and joyful staff	Fred Rogers Center's encouragement to "form partnerships with children" to the Search Institute's challenge to "learn from young people", we have the opportunity as adult leaders to increase youth engagement and ownership in our programs by sharing the decision-making reins with the very youth we serve. Together we will look some research behind reciprocity, learn an activity or two to enhance reciprocity in our youth, and reflect on how we can find impactful moments of reciprocity within our own programs.
Edith Boswell	Emotional Intelligence: An all-purpose tool to help you live your life with more purpose	Based on Daniel Goleman's book <i>Emotional Intelligence</i> , this workshop helps participants learn to recognize youth and their emotions which sometimes might affect their behavior and relationships, assess their emotional strengths and limitations, assess life experiences and identify areas where they wish to do things differently, respond to challenging situations with appropriate empathy and listening skills, and negotiate and resolve disagreements. This interactive workshop employs a combination of lecture, video examples, case studies, and practice exercises.
Milton Barnes	Youth mentorship	This workshop will share how to utilize sports as the hook to create an avenue to mentoring young people. Often youth sports focus on highly developed kids to produce winning teams. This after school program, Play Right Basketball Academy, will show how to impact more kids by providing a stage for all levels. Basketball serving as the hook, academics, life skills and healthy living being the main course.



## 2018 Leadership Symposium Workshop Descriptions

**Session 2  
1:00 to 2:30**

Presenter	Workshop Title	Description
Damon Brown	Interrupting violence through meaningful community engagement	<p>Workshop presenter, Damon Brown challenges district office staff, school teams, principals, vice-principals, teachers, counselors and out-of-school time leaders and professionals to RISE to the occasion and learn strategies and solutions to address this problem.</p> <p>Participants attending will learn:</p> <ul style="list-style-type: none"> <li>• How bad is the problem of chronic non-attendance, the difference between chronic vs occasional non-attendance, and the difference between chronic absenteeism and truancy</li> <li>• How to conduct a school case study</li> <li>• Specific strategies for engaging students, parents/family, community organization and government systems</li> </ul>
Lynn Bigelman	Supporting Social Emotional Learning and Self-regulating behaviors through writing	<p>In this session, participants will explore how reading and writing help students reflect on their own behaviors and attitudes. Through examination of characters and the challenges they face, readers learn more about themselves. The intentional use of literature and the research on the brain's influence in self-regulation make a powerful combination to help young people.</p>
Meg Blinkiewicz	Creating a community-wide approach to Social Emotional Learning	<p>The Kalamazoo Youth Development Network's four-year journey in creating a community-wide approach to SEL will be presented in a hands-in, interactive session. Participants will gain an understanding of how to: create a common language; use a common assessment tool; and create a sector "culture of SEL."</p>
Ashley Lanting	Building a culture of quality using data	<p>Serving as an OST intermediary, KYD Network currently works with 48 OST (4000+ youth and 300+ Youth Development Professionals (YDPs)) to improve program quality and to ensure our youth are college, career, and community ready by age 21. This workshop will share how KYD Network uses the Assess-Plan-Improve model developed by David P. Weikart Center for Youth program Quality to compile all the information on (1) youth program quality; (2) Social Emotional Learning (SEL); (3) Inclusion and Equity; and (4) Family Engagement</p>
Kary Wolosyk Clay Summers	The Power of Play	<p>This workshop will provide an overview on the connection between outdoor free play and brain development in youth. We will share best practices that can be implemented in your after-school program. Finally, we will share how mParks is working with parks and recreation agencies and afterschool programs in Michigan to implement their evidence-based outdoor youth play program, Come Out and Play (COAP), to change the culture of healthy out of school time programs to create healthy and thriving youth.</p>
Alicia Birong	Chatter Girls	<p>ChatterGirls is a 5 step empowerment program that teaches skills which are used not only to assist girls to become better students, but healthy, productive, and emotionally strong individuals.</p>



## 2018 Leadership Symposium Workshop Descriptions

### Session 3 2:45 to 4:15

Presenter	Workshop Title	Description
Gloria Sherman	Team sustainability/Mind Management	Drawn from the latest neuroscience, this session will demonstrate how to keep your mind in the best possible share emotionally, psychologically and spiritually. In addition, participants will be shown how to accelerate their learning, deepen their relationships and effectively resolve stress. The take away from this session is to be the best version of you for your professional and personal life.
Jenna VanSpronsen Hannah Hultink	Engaging youth leaders	The adult advisors of the Kalamazoo County Youth Cabinet lead an engaging workshop related to the tools used and available processes for expanding initial youth engagement into youth empowerment. The Teen Advisory Council (TAC) process from the David P. Weikart Center will be presented as a guide for engaging teens in governance roles.
Kirk Lewis	Bad Behaviors...	What are our expectations and assumptions when working with challenging youth behaviors? What do healthy trauma-informed and culturally sensitive guidelines look like in practice. This interactive workshop will explore the context behind “bad” behavior so that we can better help the youth and ourselves. Learn about more effective strategies which consider the roles that chronic stress and trauma play in challenging behaviors. Gain a better understanding of how to distinguish between thoughts, emotions, and behaviors so that we can build resiliency in youth
Ben Rheinheimer	Handing over the reigns	Every leader desires a staff team that is engaged, productive, and happy. The latest science on team development says that the most effective teams possess three important dimensions. These include: high energy levels, a deep sense of engagement, and a cohesiveness that fuels a spirit of exploration and learning from others. The question is, what can leaders do to create the conditions for these dimensions to grow and impact their team? What if your leadership approach or style is actually a barrier to this kind of growth? This workshop for Executive Directors and Management Leaders will unpack the science of team building with practical action steps for strengthening team engagement, joy, and effectiveness.
Bev Wenzel	Powerful ways to build your mental toughness	How can you train your mind to be mentally strong when working with youth? Having a good foundation and basic skills can increase individual’s likelihood for better mental health. Learn tools you can share with your students and staff to empower them to have better coping and managing skills. As well as how to increase their mental strength, mental energy, and concentration.
Terry Whitfield	Teamwork Makes the Dream Work: Examples of Partnerships that Impact Youth Outcomes	Presentation/Panel Discussion detailing recent cross-sector collaborations involving public/private entities that have impacted the landscape of youth outcomes across the state of Michigan. Representatives from organizations that serve Detroit, Grand Rapids, and Kalamazoo, among other areas will engage participants in an interactive discussion regarding how to take a community approach to building high quality out-of-school time systems that improve outcomes for youth.